**Diagnostic Report**

<table>
<thead>
<tr>
<th>Test</th>
<th>Results</th>
<th>Reference Range</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>within range</td>
<td>out of range</td>
</tr>
<tr>
<td><strong>Depression</strong></td>
<td>19</td>
<td>0 - 10</td>
</tr>
<tr>
<td><strong>Manic Episode</strong></td>
<td>0</td>
<td>0 - 3</td>
</tr>
<tr>
<td><strong>Anxiety</strong></td>
<td>14</td>
<td>0 - 10</td>
</tr>
<tr>
<td><strong>Panic Disorder</strong></td>
<td>11</td>
<td>0 - 8</td>
</tr>
<tr>
<td><strong>PTSD</strong></td>
<td>3</td>
<td>0 - 2</td>
</tr>
<tr>
<td><strong>Bulimia</strong></td>
<td>1</td>
<td>0 - 4</td>
</tr>
<tr>
<td><strong>Alcohol / Substance Abuse</strong></td>
<td>2</td>
<td>0 - 2</td>
</tr>
<tr>
<td><strong>Somatization</strong></td>
<td>3</td>
<td>0 - 11</td>
</tr>
</tbody>
</table>

**Notes:**

- Patient appears to meet criteria for Dysthymic Disorder (300.4)
- Clinically significant anxiety (secondary to depression)
- Patient may meet criteria for Posttraumatic Stress Disorder (309.81)
- Panic score out of range, but patient does not appear to meet criteria for Panic Disorder

* 11-14 mild / 15-19 moderate / >19 severe
Depression Symptoms
-depressed mood, more days than not, 2 years or longer duration
-diminished interest or pleasure in activities
-appetite loss
-insomnia
-agitation
-fatigue, loss of energy
-feelings of worthlessness or guilt
-impaired concentration
-diminished self-esteem
-thinks about death

Anxiety Symptoms
-excessive anxiety or worry
-worried about multiple things
-feels unable to stop worrying
-restless, keyed up
-easily fatigued
-difficulty concentrating
-irritability
-sleep disturbance
-feels helpless and overwhelmed
-frequent dizziness or lightheadedness
-anxiety causes trembling or shaking

Panic Symptoms
-recurring panic attacks
-attacks occur unexpectedly
-has made significant life changes because of attacks

Symptoms accompanying panic attacks include:
-trembling or shaking
-nausea or abdominal distress
-feeling dizzy, unsteady, or faint
-derealization (feelings of unreality) or depersonalization (being detached from oneself)
-paresthesias (numbness or tingling)

PTSD Symptoms
-intrusive recollections of traumatic event
-avoids stimuli associated with traumatic event
-difficulty falling or staying asleep
-irritability
-difficulty concentrating
-hypervigilance